

Challenges and opportunities in shifting care from hospital to the community in Europe

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Objectives of the questionnaire

- issues relating to mental health and deinstitutionalisation
- economic barriers and incentives affecting deinstitutionalisation and the development of community-based services
- help further social inclusion (an EU goal) by looking at whether there is an appropriate mix of services/supports provided in appropriate settings
- collect data to allow cross-country comparisons

Information Collected

Background

- Bed and resident numbers
- Admission and discharge information

Policy

- Is there a national mental health policy?
- Are there any policies specifically to develop community care?

Information Collected

Opportunities

- What opportunities are there to shift the balance of care away from hospital?
- What (if any) economic incentives to do this?

Barriers

- What factors are hindering the move from hospital-based care?
- What economic barriers are there, in particular?

Where countries stand

Advanced deinstitutionalisation

- > Austria
- > Belgium
- > Denmark
- > Finland
- > Germany
- > Iceland
- > Ireland
- > Italy
- > Liechtenstein
- > Luxembourg
- > Netherlands
- > Norway
- > Spain
- > Sweden

On-going (Transition)

- > Cyprus
- > France
- > Malta
- > Portugal

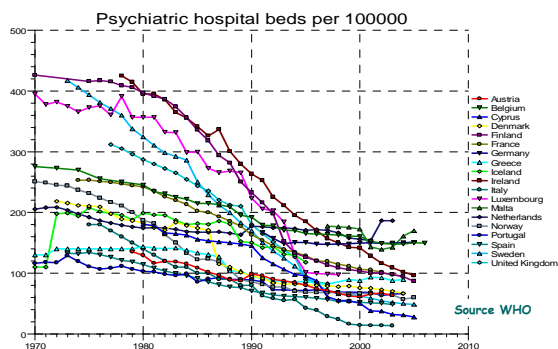
Not yet:

- > Turkey
- > Romania

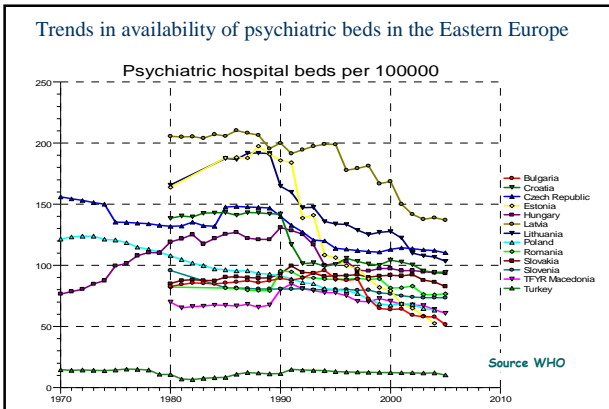
Just Starting:

- > Bulgaria
- > Estonia
- > Greece
- > Hungary
- > Latvia
- > Lithuania
- > Poland
- > Slovakia
- > Slovenia
- > Czech Republic

Trends in availability of psychiatric beds in Western Europe



Trends in availability of psychiatric beds in the Eastern Europe



Psychiatric Bed/Resident Trends

	Psych Hosp	General Hosp	Social Care
Austria	▼?	▲?	??
Belgium	▼▲	▲▲	▲?
Cyprus	▼▼	▲▲	▲▲
England	▼▼	▼▼	▲▲
Finland	▼?	??	??
France	▼?	▼?	??
Germany	▼▼	▲?	▲▲
Greece	▼▼	▲▲	▲▲
Iceland	None	??	??
Ireland	▼▼	??	??
Italy	None	??	??
Liechtenstein	None	—	▲?
Luxembourg	▼?	??	▼?
Malta	▼▼	—	None
Netherlands	▲▲	??	▲▲
Northern Ireland	▼▼	▼▼	▲▲
Norway	▼▼	▼▼	▲▲
Portugal	▲?	▼?	??
Scotland	▼▼	▼▼	▲▲
Spain	▼?	▲?	▲▲
Sweden	None	▼▼	▲▲
Switzerland	▲▲	?	None
Wales	▼▼	▲▼	▲▲

Bed /Residency Trends in Central and Eastern Europe (CEE)

	Psych Hosp	General Hosp	Social Care
Bulgaria	▲ —	▲ ▼	▲ ▲
Czech	▼?	▲?	??
Estonia	▼?	None?	▼?
Lithuania	▼?	▼?	? ▲
Poland	▲ ▲	▲ ▲	— ▲
Slovakia	▼?	▲?	▼?
Slovenia	▼ ▲	— —	▼ ▲
Turkey	— ▲	▲?	None

Admission/Discharge Trends

	Psych Hosp	General Hosp	Social Care
Austria	? ▲	▲ ▲	??
Belgium	▼ ?	▲ ?	▲ ?
Cyprus	▼ ▲	▼ ▲	▲
England	▼ ▲	▼ ▲	▲ ?
Finland	▼ ▲	??	??
France	▲ ▲	▲ ?	??
Germany	▲ ▲	▲ ?	??
Greece	▲ ▲	▲ ▲	▲ —
Iceland	N/A	— ▲	— —
Ireland	▼ ▼	??	??
Italy	N/A	??	? ?
Liechtenstein	N/A	? ▲	? ▲
Luxembourg	??	??	??
Malta	??	? ▼	N/A
Netherlands	▲ ▲	▼ ▲	▲ ▲
Northern Ireland	▼ ▲	▲ ▲	▲ ▲
Norway	▲ ▲	▲ ▲	▲ ▲
Portugal	▲ ▲	▲ ▲	??
Scotland	▲ ?	▲ ▼	▲ ?
Spain	▼ ?	??	▲ ?
Sweden	N/A	▲ ▲	▲ ?
Switzerland	▲ ?	▲ ▲	N/A
Wales	▼ ▲	▼ ▲	▲ ?

Admission/Discharge Trends in CEE

	Psych Hosp	General Hosp	Social Care
Bulgaria	? —	? ▲	▲ ▼
Czech	??	??	??
Estonia	??	N/A	??
Lithuania	▲ ?	▼ ?	??
Poland	▲ ▲	▲ ▲	▲ ▲
Slovakia	▲ ▲	▲ ▲	▼ ?
Slovenia	▲ ▲	??	▲ ?
Turkey	▲ —	??	N/A

Community Care Policy & Development

Country	National mental health policy	Community Care available	Community Care policy	Injection of additional resources for community care
Austria	No	Widely	No	No
Belgium	Yes	Widely	Yes	No
Cyprus	Yes	Widely	Yes	Yes
England	Yes	Widely	Yes	Yes
Finland	Yes	Widely	Yes	No
France	Yes	Limited	No	No
Germany	Yes	Limited	Yes	Yes
Greece	Yes	Limited	Yes	Yes
Iceland	No	Limited	No	No
Ireland	Yes	Limited	Yes	Yes
Italy	Yes	Widely	Yes	No
Liechtenstein	Yes	Widely	Yes	Yes
Luxembourg	No	Widely	Yes	Yes
Malta	No	Limited	Yes	No
Netherlands	Yes	Widely	No	Yes
Northern Ireland	Yes	Widely	Yes	Yes
Norway	Yes	Widely	No	Yes
Portugal	Yes	Limited	Yes	Limited
Scotland	Yes	Widely	Yes	Yes
Spain	Yes	Limited	Yes	Limited
Sweden	No	Widely	Yes	Yes
Switzerland	No	Very limited	Yes	Yes
Wales	Yes	Widely	Yes	Yes

Community Care Policy & Development in CEE

Country	National mental health policy	Community Care available	Community Care policy	Injection of additional resources for community care
Bulgaria	Yes	Very limited	No	Yes
Czech Republic	Yes	Very limited	Yes	Yes
Estonia	Yes	Very limited	Yes	No
Hungary	No	Very limited	?	Limited
Lithuania	Yes	Very limited	No	Yes
Poland	Yes	Very limited	No	Yes
Romania	Yes	No	Yes	Yes
Slovakia	Yes	No	Yes	No
Slovenia	No	Very limited	Yes	Yes
Turkey	Yes	No	Yes	No

Challenges

- Rigid funding systems make re-allocation difficult
- Use of DRGs
- Fragmented/multi source budgets
- Insufficient - unspecified budget allocation for mental health
- Inadequate funding of outpatient care and community care
- Lack of protection "ring fencing" of funds

Challenges

- Limited availability of community services
- Economic impact of hospital closures on a local economy
- Shortage of suitably trained staff
- Opposition from the psychiatric profession and the community
- Inadequate balance between hospital and community care
- Inadequate services in primary care
- Inadequate co-ordination and planning of services

Opportunities

- Positive environment to carry out reforms:
 - Extensive programme of health care reforms
 - Health is at the top of the political agenda
 - Increasing recognition of mental health problems
- Increasing and improving funding mechanisms
- Extending national and mental health plans to include community service
- Widening the referral network of mental health to include community services

Opportunities

- Ring-fencing of resources for development of community services
- Increased visibility and transparency of mental health budgets
- Seed money and pilot projects to build community services
- EU subsidies for investment in community infrastructures
- Capital investment in community care and less on institutions

Last thoughts

- Countries have varied experiences and challenges ahead
- Growing consensus around community care
- But... lack of community services in many countries
- Beware ... closing beds before community care developed
- Closing institutions is easy - the challenge is to build good community care
