# RITESH MAHARAJ

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# **EMPLOYMENT**

Department of Health and Social Care Research Lead, UK Health Security Agency	11/2021-04/2022 London, UK
London School of Economics and Political Sciences (LSE) Department of Health Methodology Graduate Teaching Assistant	09/2021 - Present London, UK
London School of Economics and Political Sciences (LSE) Department of Health Policy PhD Candidate	09/2018 - Present London, UK
King's College London Honorary Senior Clinical Lecturer	2010 - Present London, $UK$
King's College Hospital NHS Foundation Trust Consultant in Anaesthesia and Intensive Care Medicine	2010 - Present London, $UK$
Sunnybrook Hospital Clinical Fellow in Critical Care Medicine	2007-2008 Toronto, Canada
EDUCATION	
LSE Department of Health Policy MPhil/PhD Health Policy and Economics	2018 - Present London, $UK$
LSE PG Cert Higher Education	2021 - Present London, $UK$
LSE Department of Health Policy  MSc Heath Economics, Policy, and Management	$2014 - 2016$ $London, \ UK$
University of Liverpool PGDip Public Health	2011 - 2013 Distance Learning
University of Melbourne PGDip Perioperative and Critical Care Echocardiography	2005 - 2006 Distance Learning
University of KwaZulu-Natal  MBChB, Medicine	1993 - 1999 Durban, South Africa

# PEER-REVIEWED RESEARCH

**PUBLICATIONS** 

Maharaj, R., Harrison, D.A., Rowan, K. 2021. The Association Between the Decision to Withdraw Life-Sustaining Therapy and Patient Mortality in U.K. ICUs. *Critical Care Medicine*. DOI

Maharaj, R., McGuire, A., Street, A. 2021. Association of Annual Intensive Care Unit Sepsis Caseload With Hospital Mortality From Sepsis in the United Kingdom, 2010-2016 JAMA Network Open. DOI

Vlachos, S., Wong, A., Metaxa, V., Canestrini, S., [...] **Maharaj, R.** 2021. Hospital Mortality and Resource Implications of Hospitalisation with COVID-19 in London, UK: A Prospective Cohort Study *Critical Care Research and Practice*. DOI

Maharaj, R., Terblanche, M., Vlachos, S. 2018. The Utility of ICU Readmission as a Quality Indicator and the Effect of Selection\*. Critical Care Medicine. DOI

Su Win, T., Nizamoglu, M., **Maharaj, R.**, Smailes, S., El-Muttardi, N., Dziewulski, P. 2018. Relationship between multidisciplinary critical care and burn patients survival: A propensity-matched national cohort analysis. *Burns*. DOI

Mackintosh, N., Terblanche, M., **Maharaj, R.**, Xyrichis, A., [...] Sandall, J. 2016. Telemedicine with clinical decision support for critical care: a systematic review. Systematic Review. DOI

Maharaj, R., Raffaele, I., Wendon, J. 2015. Rapid response systems: a systematic review and meta-analysis. Critical Care. DOI

Goulding, L., Parke, H, **Maharaj, R.**, Loveridge, R., McLoone, A., Hadfield, S., Helme, E., Hopkins, P., Sandall, J. 2015. Improving critical care discharge summaries: a collaborative quality improvement project using PDSA. *BMJ Quality Improvement Reports*. DOI

Maharaj, R. 2012. Diastolic dysfunction and heart failure with a preserved ejection fraction: Relevance in critical illness and anaesthesia. *Journal of the Saudi Heart Association*. DOI

Maharaj, R. 2012. Extravascular Lung Water and Acute Lung Injury. Cardiology research and practice. DOI

Maharaj, R. 2011. Vasopressors and the search for the optimal trial design. *Contemporary Clinical Trials*. DOI

Maharaj, R., Metaxa, V. 2011. Levosimendan and mortality after coronary revascularisation: a meta-analysis of randomised controlled trials. *Critical Care*. DOI

Maharaj, R. 2008. A Review of Recent Developments in the Management of Carotid Artery Stenosis. *Journal of Cardiothoracic and Vascular Anesthesia*. DOI

Maharaj, R., Osborne, I. 2007. The King-Denborough syndrome in the paediatric patient. Southern African Journal of Anaesthesia and Analgesia. DOI

# Works in Progress

Savvas, V., Harrison, D., Menon, D., Rowan, K., Rubenfeld, G., **Maharaj, R.** Early withdrawal of the life-sustaining treatment after out-of-hospital cardiac arrest in the United Kingdom: risk factors, variability, and association with mortality.

Mehta, R., Onatade, R., Savvas, V., Sloss, R., **Maharaj**, **R.** A comparison of the impact of an electronic prescribing and clinical decision support system versus a paper-based system on pharmacist clinical contributions in Intensive Care.

#### COMMENTARIES, EDITORIALS, AND LETTERS

Nayagam, J., Jeyaraj, R., Mitchell, T., Walder, D., Al-Agil, M., Shek, A., Barker, R., Teo, J., **Maharaj, R.**, Agarwal, K., Vlachos, S., Joshi, D., McPhaila, M. 2021. Patterns and prediction of liver injury with persistent cholestasis in survivors of severe SARS-CoV-2 infection. *The Journal of Infection*. DOI

Williams, A., Vlachos, S. **Maharaj**, R. 2021. Prognostication after out-of-hospital cardiac arrest: biases and caveats. *European Heart Journal*. DOI

Maharaj, R. 2018. ICU Readmission Is a More Complex Metric Than We First Imagined. Critical Care Medicine. DOI

Maharaj, R., Stelfox, H. 2016. Rapid response teams improve outcomes: no. Intensive Care Medicine. DOI

Maharaj, R., Pingitore, A., Menon, K., Kane, P., Wendon, J., Bernal, W. 2015. Images of the Month: MDMA-Induced Acute Liver Failure and Transient Abdominal Pneumatosis. *American Journal of Gastroenterology*. DOI

Hart, E., **Maharaj**, R., Mushambi, M., May, A. 2007. Uncorrected total anomalous pulmonary venous drainage in pregnancy. *International Journal of Obstetric Anesthesia*. DOI

Maharaj, R. 2006. A response to 'Statin therapy: a potentially useful peri-operative intervention in patients with cardiovascular disease'. *Anaesthesia*. DOI

# Conference Papers and Poster Presentations

McNelly, A., **Maharaj, R.**, Rawal, J., Shrikrishna, D., Hopkinson, N., Moxham, J., Harridge, S., Hart, N., Montgomery, H., Puthucheary, Z. 2016. Physical activity levels, primary care costs and quality-adjusted life years (QALYs) in survivors of critical illness. 22nd Annual Congress of the European-Respiratory-Society

Aron, J., Harrison, S., Milne, A., Patel, S., **Maharaj, R.** 2013. Levosimendan in critically ill adults: a utilisation review. 33rd International Symposium on Intensive Care and Emergency Medicine. DOI

### **GRANTS**

Resuscitation Council Research Grant ( $\sim £20,000$ ), Resuscitation Council United Kingdom, 2019

King's Improvement Science Award ( $\sim £5,000$ ), King's Health Partners, 2013

Cecil Renaud Scholarship, University of KwaZulu-Natal, 1993

#### TEACHING AND OTHER PROFESSIONAL EXPERIENCE

LSE Department of Methodology  Graduate Teaching Assistant, Introductory and Intermediate Quantitative analysis  → Candidate for the Postgraduate Certificate in Higher Education	09/2021 - Present London, $UK$
LSE Journal of Health Policy and Economics $Senior\ Editor$	03/2020-Present London, $UK$
Health Policy Journal, JAMA, Critical Care Medicine, Critical Care $Peer-reviewer$	2010-Present $London, UK$
LSE Department of Health Policy Moderator, Executive MSc in Health Policy	$\begin{array}{c} 06/2021 \\ London, \ UK \end{array}$

# TECHNICAL SKILLS

Computing	Stata, R, Covidence, LaTex, Microsoft Office, Mendeley, Endnote
Methods Training	Regression methods, Multilevel Modelling, Longitudinal Modelling,
	Multivariate Analysis and Measurement, Advanced Health Economics,
	Labour Economics, Econometrics, Applied Econometrics,
	Cost-Effectiveness Analysis, Systematic Review and Meta-Analysis
Languages	English (Native), Afrikaans (Fluent)