



## **DIORA: Dynamic Interplay of Online Risk and Resilience in Adolescence**

**A multi-method study of the mental health risks and benefits of digital technology use**

The Digital Activities and Feelings Inventory (DAFI) was developed as part of the DIORA project.

**Thank you for your interest in the Digital Activities and Feelings Inventory (DAFI). Please note that the DAFI is to be used for research purposes only. Before we can share a copy of the DAFI and scoring instructions, please email us with a brief description of your plans for its use.**

- This work is licensed via [CC BY-NC-SA](#).
- After your research has been completed, we request that you get in touch with us at [diora@kcl.ac.uk](mailto:diora@kcl.ac.uk) [cc. [edmund.sonuga-barke@kcl.ac.uk](mailto:edmund.sonuga-barke@kcl.ac.uk) and [s.livingstone@lse.ac.uk](mailto:s.livingstone@lse.ac.uk)] to inform us of the results of your study in relation to the DAFI subscales. This will allow us to track further validation of the questionnaire.
- Please acknowledge the use of the DAFI, we will provide a citation.
- We also ask that you do not publish any results of your study using the DAFI before the initial DAFI validation paper has been published.
- Finally, we would like to encourage researchers using the DAFI to agree in principle to make their anonymous data available to pool across studies for collaborative analyses. Please let us know if this is something that is feasible for your study.

**Please confirm that you agree to these terms via return email, and we'll email you the DAFI.**

### **About DIORA**

To find out more about DIORA including publications from the DAFI, visit the project website.

[bit.ly/DIORA](https://bit.ly/DIORA)



<https://www.lse.ac.uk/media-and-communications/research/research-projects/DIORA>